

# Setting Goals

Philippians 3:13-14

Brothers, I do not consider that I have made it my own. But one thing I do: forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal for the prize of the upward call of God in Christ Jesus.

Every day that we wake up, we should have a set of goals to improve ourselves and the people around us in the spirit of God.

Often we can be overwhelmed with what would seem to be fairly simple tasks.

An upcoming test in school may stress you out to no end. But if you to set goals, make plans, and then follow through you will more than likely succeed.

A task that seems like a Mountain to climb, can become nothing more than hill that needs to be walked over with the proper goal setting.

What is a goal you have for yourself within the next week?

What do you need to do next to accomplish your goal?

What are the challenges that may stop you from accomplishing your goal and how do you overcome those challenges?

What emotions will you have when you accomplish the goal you have set?

What are long term goals you have for the coming weeks and months?